



**Group Insurance Plan of Benefits for  
Military Base Team Members (Control #877324)  
administered by Aetna International®  
Your Plan Effective Date: January 1, 2020**

Eligibility Provision			
<b>Employee</b>	Regular full-time employees of Military Base Team Members participating in this plan working a minimum of 25 hours per week.		
<b>Dependent</b>	Spouse, domestic partner; children up to age 26, regardless of student status.		
PPO Medical			
	Outside U.S.	Inside U.S. Preferred Benefits (In-Network)	Inside U.S. Non-Preferred Benefits (Out-of-Network)
<b>Individual Deductible</b>	\$300 per calendar year	\$300 per calendar year	\$600 per calendar year
<b>Family Deductible</b>	\$600 per calendar year	\$600 per calendar year	\$1,200 per calendar year
<b>Prior Plan Credit</b>	Previous Calendar Year	Previous Calendar Year	Previous Calendar Year
<b>Individual Payment Limit</b> <i>(Does not include precertification penalty. Includes Outpatient Prescription Drugs when outside the U.S.)</i>	\$2,250 per calendar year	\$2,250 per calendar year	\$6,000 per calendar year
<b>Family Payment Limit</b> <i>(Does not include precertification penalty. Includes Outpatient Prescription Drugs when outside the U.S.)</i>	\$4,500 per calendar year	\$4,500 per calendar year	\$12,000 per calendar year
<b>Lifetime Maximum</b>	Unlimited	Unlimited	Unlimited
Hospital Services			
<b>Inpatient</b>	20% after deductible	20% after deductible	40% after deductible
<b>Outpatient</b>	20% after deductible	20% after deductible	40% after deductible
<b>Private Room Limit</b>	The institution's semiprivate rate.		
<b>Pre-certification Penalty</b>	No penalty	No penalty	\$400
<i>Pre-Certification for certain types of Non-Preferred care received inside the U.S. must be obtained to avoid a reduction in benefits paid for that care. Pre-Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care and Hospice Care is required - excluded amount applied separately to each type of expense. Contact the service center to determine if pre-certification is needed for a procedure.</i>			
<b>Emergency Room</b>	No charge	No charge after \$400 copay	No charge after \$400 copay
<b>Non-Emergency Use of the Emergency Room</b>	No charge	50% after deductible	50% after deductible
<b>Urgent Care</b>	20% after deductible	20% after deductible	40% after deductible
<b>Non-Urgent Use of Urgent Care Provider</b>	50% after deductible	50% after deductible	50% after deductible
<b>Ambulance Services</b>	20% after deductible	20% after deductible	40% after deductible
Physician Services			
<b>Physician Office Visit</b>	No charge	No charge after \$25 copay	40% after deductible
<b>Specialist Office Visit</b>	No charge	No charge after \$50 copay	40% after deductible
<b>Allergy Testing</b>	No charge	No charge after \$50 copay	40% after deductible
<b>Allergy Serum &amp; Injections</b>	20% after deductible	20% after deductible	40% after deductible

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<b>PPO Medical</b>			
	Outside U.S.	Inside U.S. Preferred Benefits (In-Network)	Inside U.S. Non-Preferred Benefits (Out-of-Network)
<b>Mental Health &amp; Alcohol/Drug Abuse Services</b>			
<b>Mental Health Inpatient</b> <i>Unlimited days per calendar year</i>	20% after deductible	20% after deductible	40% after deductible
<b>Mental Health Outpatient</b> <i>Unlimited visits per calendar year</i>	No charge	No charge after \$50 copay	40% after deductible
<b>Substance Abuse Inpatient</b> <i>Unlimited days per calendar year</i>	20% after deductible	20% after deductible	40% after deductible
<b>Substance Abuse Outpatient</b> <i>Unlimited visits per calendar year</i>	No charge	No charge after \$50 copay	40% after deductible
<b>Prescription Drug Coverage</b>			
<b>Generic Drugs</b> <i>(365 day maximum supply) Includes contraceptives</i>	20% after deductible	\$5 copay per month supply (includes Mail Order Drugs)	40% after deductible
<b>Formulary Brand Name Drugs</b> <i>(365 day maximum supply) Includes contraceptives</i>	20% after deductible	\$20 copay per month supply (includes Mail Order Drugs)	40% after deductible
<b>Non Formulary Generic and Brand Name Drugs</b> <i>(365 day maximum supply) Includes contraceptives</i>	20% after deductible	\$45 copay per month supply (includes Mail Order Drugs)	40% after deductible

<b>Add on Services</b>			
<b>Aetna Assistance</b> <i>Unlimited calendar year maximum</i>	Included	Included	Included
<b>red24</b> <i>Includes security, political &amp; natural disaster coverage (Program is underwritten by Aetna Life &amp; Casualty (Bermuda) Ltd.</i>	Included	Included	Included
<b>International Employee Assistance Program (IEAP)</b> <i>Includes up to 5 counseling sessions per issue per year per enrolled member. Access benefits by calling the member service number on ID card: 800-231-7729 or collect 813-775-0190. Services include: Cultural adjustment assistance, Marital/Family Stress, Child care and behavioral concerns, Social adaptation needs, Alcohol/Substance Abuse, Work/Life Balance and Depression.</i>	Included	Included	Included
<b>International Disease Management</b>	Included	Included	Included
<b>International Maternity Management Program</b>	Included	Included	Included
<b>Simple Steps To A Healthier Life®</b>	Included	Included	Included
<b>Wellness Checkpoint</b>	Included	Included	Included

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	Outside U.S.	Inside U.S. Preferred Benefits (In-Network)	Inside U.S. Non-Preferred Benefits (Out-of-Network)
<b>Preventive Care Services</b>			
<b>Routine Child Physical Exams</b>	No charge	No charge	No charge after deductible
<i>7 exams in the first 12 months of life, 3 exams in the 2nd 12 months of life, 3 exams in the 3rd 12 months of life, and 1 exam per 12 months thereafter to age 22</i>			
<b>Routine Adult Physical Exams</b>	No charge up to \$1,000 calendar year maximum	No charge	No charge after deductible
<i>1 exam every 12 months age 18 to 22, 1 exam every 24 months age 22 to 65, 1 exam every 12 months age 65 and older</i>			
<b>Routine Gynecological Exams</b>	20%	No charge	40% after deductible
<i>Includes 1 exam and pap smear per calendar year</i>			
<b>Routine Mammograms</b>	20%	No charge	40% after deductible
<i>Unlimited visits per calendar year</i>			
<b>Prostate Specific Antigen (PSA)</b>	20%	No charge	40% after deductible
<i>Unlimited tests per calendar year</i>			
<b>Routine Digital Rectal Exam (DRE)</b>	20%	No charge	40% after deductible
<i>Unlimited exams per calendar year</i>			
<b>Colorectal Cancer Screening</b>	20%	No charge	40% after deductible
<i>Recommended: For all members age 45 and older.</i>			
<b>Routine Hearing Exams</b>	No charge	No charge	40% after deductible
<i>Includes one routine exam every 24 months.</i>			
<b>Hearing Aids</b>	20% after deductible	20% after deductible	40% after deductible
<i>1 hearing aid per ear to \$1,000 maximum per ear every 3 years for child to age 24</i>			
<b>Vision Care</b>			
<b>Routine Eye Exams</b>	No charge	No charge	40% after deductible
<i>(Covered under medical) Includes 1 exam every 24 months</i>			
<b>Vision Care Supplies</b>	No charge up to \$250 maximum	No charge up to \$250 maximum	No charge up to \$250 maximum
<i>Schedule maximum every 24 months</i>			

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<b>PPO Medical</b>			
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<b>Other Services</b>			
<b>Skilled Nursing Facility</b> <i>120 visits per calendar year</i>	20% after deductible	20% after deductible	40% after deductible
<b>Hospice Care Facility Inpatient</b> <i>30 days lifetime maximum</i>	20% after deductible	20% after deductible	40% after deductible
<b>Hospice Care Facility Outpatient</b> <i>Unlimited lifetime maximum</i>	20% after deductible	20% after deductible	40% after deductible
<b>Home Health Care</b> <i>120 visits per calendar year, includes Private Duty Nursing</i>	20% after deductible	20% after deductible	40% after deductible
<b>Spinal Disorder Treatment</b> <i>Unlimited visits per calendar year</i>	20%	No charge after \$50 copay	25% after deductible
<b>Short Term Rehabilitation</b> <i>(Includes coverage for Occupational, Physical and Speech Therapies; 60 combined visits per calendar year)</i>	20%	No charge after \$50 copay	40% after deductible
<b>Diagnostic Outpatient X-ray</b>	20% after deductible	20% after deductible	40% after deductible
<b>Diagnostic Outpatient Lab</b>	20% after deductible	20% after deductible	40% after deductible
<b>Base Infertility Services</b> <i>(Base plan coverage includes coverage limited to the testing and treatment of underlying condition)</i>	20% after deductible	20% after deductible	40% after deductible
<b>Comprehensive Infertility Services</b> <i>(6 cycles per lifetime for comprehensive plan coverage includes coverage for Artificial Insemination and Ovulation Induction)</i>	20% after deductible	20% after deductible	40% after deductible
<b>ART Infertility Services</b> <i>(6 cycles per lifetime for Advanced Reproductive Technology (ART) coverage with cryopreservation, storage and unlimited embryo transfers).</i>	20% after deductible	20% after deductible	40% after deductible
<b>Durable Medical Equipment</b> <i>Unlimited lifetime maximum</i>	20% after deductible	20% after deductible	40% after deductible
<b>Transplants</b> <i>Unlimited lifetime maximum</i>	20% after deductible	20% after deductible	40% after deductible
<b>Diabetics Supplies</b>	20% after deductible	20% after deductible	40% after deductible
<b>Payment for Non-Preferred Providers*</b>	Not Applicable	Not Applicable	Professional: 105% of Medicare Facility: 140% of Medicare
<b>Autism</b>	<i>Autism covered same as any other expense. Member cost sharing is based on the type of service performed and the place of service where it is rendered.</i>		

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Plan Features	PPO Dental		
	Outside U.S.	Inside U.S. Preferred Benefits (In-Network)	Inside U.S. Non-Preferred Benefits (Out-of-Network)
<b>Individual Deductible</b>	\$0 per calendar year	\$0 per calendar year	\$0 per calendar year
<b>Family Deductible</b>	\$0 per calendar year	\$0 per calendar year	\$0 per calendar year
<b>Type A Expense</b> <i>(Diagnostic &amp; Preventive)</i>	No charge	No charge	No charge
<b>Type B Expense</b> <i>(Basic Restorative)</i>	No charge	No charge	No charge
<b>Type C Expense</b> <i>(Major Restorative)</i>	40%	40%	40%
<b>Calendar Year Maximum</b>	\$1,500	\$1,500	\$1,500
<b>Orthodontic Treatment</b> <i>Child only</i>	40%	40%	40%
<b>Orthodontic Lifetime Maximum</b>	\$1,500	\$1,500	\$1,500
<i>Please refer to your Plan Documents for additional benefit coverages for Types A, B, and C</i>			

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Medical Plan Caveats	
<i>Women's preventive and other preventive health benefits</i>	<i>This plan includes coverage for women's preventive and other preventive health benefits to the extent required under the Affordable care act beginning with plan years starting on or after August 1, 2012. For plan years effective on or after January 1, 2017, this plan also includes coverage for benefits in accordance with the nondiscrimination provisions under Section 1557 of the Affordable Care Act.</i>
<i>Payment Limits</i>	<i>Payment limits apply per individual on a calendar year basis. Only those out-of-pocket expenses resulting from the application of a payment percentage, deductibles and copays may be used to satisfy the payment limit. Precertification penalty are excluded from the payment limit.</i>
<i>Calendar Year and Per Confinement Deductibles</i>	<i>There is no cross-application between calendar year and per confinement deductibles. If a member is hospitalized, he or she must meet both per confinement and calendar year deductibles (as applicable) before the plan pays any benefits.</i>
<i>Coverage Maximum (Days/Visits)</i>	<i>Coverage maximums up to a certain number of days/visits per calendar year are reached by combining the Preferred and Non-Preferred benefits up to the limit for either one plan or the other, but not both. (Example, if the Preferred benefit is for 120 days and the Non-Preferred benefit is for 120 days, the maximum benefit is 120 days, not 240 days).</i>
<i>In-Network Deductible/Coinsurance</i>	<i>In-Network - deductible and coinsurance may apply to pap smears, DRE tests and PSA tests if billed by an independent laboratory provider.</i>
<i>Maternity Care</i>	<i>Maternity expenses are covered as any other medical expense. Coverage is provided for an employee and eligible dependents. Pregnancy benefits do not continue to be payable after coverage ends except in the event of total disability.</i>
<i>Ancillary Services</i>	<i>For contracted hospitals, the non-contracted Radiologist, Anesthesiologist and Pathologist (RAPS) are paid at the preferred level, and will be subject to reasonable and customary charges. Note that this payment method may apply to other providers.</i>
<i>Chiropractic Visits</i>	<i>Copayments and coinsurance for chiropractic visits are capped at 25% of the amount due to the chiropractor.</i>
<i>Payment for Non-Preferred Providers*</i>	<p><i>We cover the cost of care differently based on whether health care providers, such as doctors and hospitals, are "in network" or "out of network." We want to help you understand how much Aetna pays for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this out-of-network care.</i></p> <p><i>As an example, you may choose a doctor in our network. You may choose to visit an out-of-network doctor. If you choose a doctor who is out of network, your Aetna health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.</i></p> <p><i>When you choose out-of-network care, Aetna limits the amount it will pay. This limit is called the "recognized" or "allowed" amount. When you choose out-of-network care, Aetna "recognizes" an amount based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much Aetna "recognizes" depends on the plan you or your employer picks. Your out-of-network doctor sets the rate to charge you. It may be higher -- sometimes much higher -- than what your Aetna plan "recognizes" or "allows." Your doctor may bill you for the dollar amount that Aetna doesn't recognize. You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the recognized charge counts toward your deductible or maximum out-of-pocket. To learn more about how we pay out-of-network benefits visit <a href="http://Aetna.com">Aetna.com</a>. Type "how Aetna pays" in the search box.</i></p> <p><i>You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to <a href="http://www.aetna.com">www.aetna.com</a> and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Aetna Navigator member site.</i></p> <p><i>This way of paying out-of-network doctors and hospitals applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident), we will pay the bill as if you got care in network. You pay your plan's copayments, coinsurance and deductibles for your in-network level of benefits. Contact Aetna if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your copayments, coinsurance and deductibles.</i></p>

*The proposed plan of benefits is underwritten by Aetna Life Insurance Company (Delaware). This is only a brief summary of the benefits available. Some restrictions may apply.*

*For more specific information about the coverage details, including limitations, exclusions and other plan requirements, please refer to the employee booklet (which will be provided near the time the plan becomes effective).*

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## For Plans Compliant with United States Federal Affordable Care Act (ACA) legislation

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:  
Civil Rights Coordinator, P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779), 1-800-648-7817, TTY: 711, Fax: 859-425-3379 (CA HMO customers: 860-262-7705),  
[CRCoordinator@aetna.com](mailto:CRCoordinator@aetna.com).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

*Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).*

TTY: 711

English	To access language services at no cost to you, call the number on your ID card.
Spanish	Para acceder a los servicios lingüísticos sin costo alguno, llame al número que figura en su tarjeta de identificación.
Chinese Traditional	如欲使用免費語言服務，請撥打您健康保險卡上所列的電話號碼
Arabic	للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك.
French	Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.
French Creole (Haitian)	Pou ou jwenn sèvis gratis nan lang ou, rele nimewo telefòn ki sou kat idantifikasyon asirans sante ou.
German	Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.
Italian	Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa.
Japanese	無料の言語サービスは、IDカードにある番号にお電話ください。
Korean	무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오.
Persian Farsi	برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید.
Polish	Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej.
Portuguese	Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação.
Russian	Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.
Tagalog	Upang ma-access ang mga serbisyo sa wika nang walang bayad, tawagan ang numero sa iyong ID card.
Vietnamese	Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị.